

We are pleased to announce that Physician Education and Development designates this educational activity, *Motivating Change for Pediatric Overweight Management On-line Training*, for a maximum of 4.0 hours *AMA PRA Category 1 Credit™*.

**To receive CME Credit:** 1) Complete all sections of the on-line training 2) Complete the on-line final exam and evaluation form and 3) Submit evaluation form on-line.

**For KP Physicians:** CME credit will be recorded in the CMEPRO database and included in your year-end CME statement.

**Nurses, Nurse Practitioners and Community Providers:** You will receive a CME certificate by mail/email. Please direct CME questions to Laura Reyes-Wilson, 8-428-2308 or (510) 625-2308.

**CME Effective Dates:** 10/12/06 to 10/12/09

**Estimated time to complete activity:** 4.0 hours

**Hardware/Software required:** PC only, Internet Explorer, Flash 7 player, Screen resolution of 1024 x 768 (or higher)

**Name of Program:** *Motivating Change for Pediatric Overweight Management On-line Training*

Learners may register for the on-line training program at [kp.healtheducation.org](http://kp.healtheducation.org)

### Learner Objectives

*As a result of this program, participants will be able to:*

- Apply collaborative communication principles when working with pediatric patients on weight management
- Work effectively with pediatric patients and their families on weight management regardless of their levels of readiness to make behavior changes
- Create a plan to incorporate principles learned in this program into their clinical practice.

### Planning Committee Members

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**Statement of Disclosure:** All of the content developers and planning committee for this activity have indicated that they do not have any affiliations with any corporate organizations that may constitute a conflict of interest with this activity. Kaiser Permanente does not endorse any brand-name products.

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Physician Education and Development designates this educational activity for a maximum of 4.0 hours *AMA PRA Category 1 Credit™* toward the California Medical Association's Certification in Continuing Medical Education and the AMA's Physician's Recognition Award. Each physician should claim only those hours of credits that he/she actually spent in the educational activity.